

# Goals, Ideas, and Activities Worksheet

Name: \_\_\_\_\_

Date: \_\_\_\_\_

The most important thing to me is: \_\_\_\_\_.

What I want to do most of the time is: \_\_\_\_\_.

What I want to be when I grow up is: \_\_\_\_\_.

I would like to \_\_\_\_\_ with my friends.

My favorite part of the day is: \_\_\_\_\_.

I wish I could do more of: \_\_\_\_\_.

I wish I could do less of: \_\_\_\_\_.



Before the end of this week, I want to: \_\_\_\_\_.

By the end of this school year I want to: \_\_\_\_\_.

Things I can do to help me reach my goals:

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Things I need help with to reach my goals:

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People who can help me are:

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